




agua Essence

Transformational and integrative health experiences enhanced with medical grade protocols and delivered by beautiful humans. Our menu of core holistic spa treatments is the essence of what our team and guests love from aqua.

| EXPERIENCE | BRAND | TIME | MON-THURS RATES | FRI-SUN- RATES | KEY |
|---|----------|------------|--------------------|-------------------|---|
| agua massage | | | | | |
| AGUA ADVANCED BODYWORK A personalised therapeutic treatment. Let our therapists focus on pain relief, deep tissue or sports therapy. | HEDGEROW | 60/90 MINS | £120/£173 | £130/£183 |   |
| CUSTOM HOT STONE Clinical aromatherapy blend combined with hot stone technique work promoting deep relaxation. Treatment includes legs, back, shoulders, neck and scalp using a personalised blend of essential oils. | SOVERAL | 60 MINS | £120 | £130 |    |
| MATERNITY MASSAGE Applying remedies and advanced techniques in pregnancy massage, using Marigold and Lemon Balm, performed on warm hydrothermal water cushions (13 - 32 weeks only). | HEDGEROW | 60 MINS | £120 | £130 |  |
| Please note that we perform a maximum of 90 minutes of massage per guest per day. | | | | | |

agua face

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|---|--------------|------------|-----------|-----------|---|
| SIGNATURE Lifting. Firming. Draining. A workout for your face. Take that, ageing and stress! | SOVERAL | 60/90 MINS | £125/£178 | £135/£190 |     |
| PREBIOTIC FACIAL TREATMENT A results-driven and balancing treatment aimed at stabilising skin's natural microflora, calming irritated skin and reducing inflammation. | SOVERAL | 60 MINS | £120 | £125 |    |
| DIAMOND LUMINOUS FACIAL Brightening facial, corrects uneven pigmentation and signs of aging to restore a natural glow. | NATURA BISSÉ | 60 MINS | £160 | £170 |  |
| DEEP CLEANSE Hydration, rejuvenation, purification; includes glycolic peel and extractions in the longer treatment. | NATURA BISSÉ | 60/90 MINS | £150/£195 | £160/£205 |  |

agua body

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|--|----------|---------|------|------|---|
| BUST BLOSSOM This bespoke bust massage works magic with our Marigold, Rosehip and Lemon Balm remedies to release tension in your spine and shoulder girdle. | HEDGEROW | 60 MINS | £120 | £130 |   |
| BODY FLAX This divine Soveral body treatment works on bringing balance from the inside out; transforming the skin with support & nourishment to create super soft, firm skin, a lightness of body and mind, topped with a renewed boost of energy using eucalyptus sticks and incorporation of Lymphatic drainage. | SOVERAL | 60 MINS | £120 | £130 |    |
| HEDGEROW SCRUB & BACK MASSAGE The Hedgerow Scrub & Back Massage begins with a full body exfoliation richly infused with bentonite clay, peppermint, lavender and dead sea salt, followed by an oil application and mini back massage. | HEDGEROW | 60 MINS | £140 | £150 |  |

key



**CERTIFIED
ORGANIC**



**STEAM
EXPOSURE**



**NOT SUITABLE
FOR PREGNANCY**

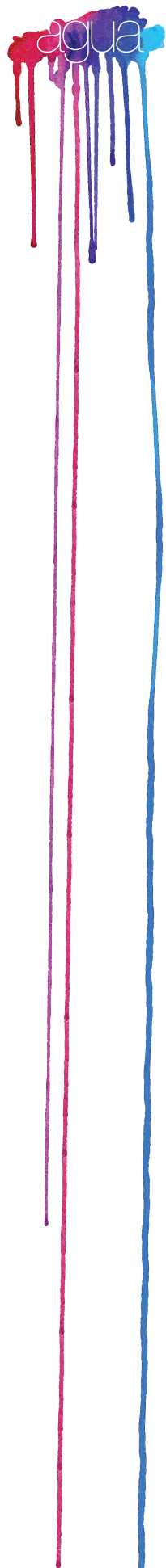


**CONTRA-INDICATED TO RECENT
BOTOX/FILLER WORK OR
SEVERE SUN EXPOSURE**



**WELLNESS FOR
CANCER
TRAINED**

Please make appointments for a la carte services and customised packages either in person at the spa reception, by phoning 0203 747 1010 (in-house guests can dial extension 5910) or booking online via aguaspa@seacontainerslondon.com. Appointments need to be guaranteed with a valid credit card or gift certificate. Cancellations must be made with 24 hours' notice, otherwise you will be charged the full cost of the service. The spa is strictly for use by hotel residents, members and non-residents booking in for spa appointments. When you are making your reservation, please let us know if you have any major health concerns, including pregnancy.



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|--|--------------|------------|-------------------------|-------------------------|---|
| agua adventures | | | | | |
| AROMATHERAPY PLAYGROUND Pair a 60 minute Custom Hot Stone Aromatherapy massage with a 30 minute Soveral Express facial OR a 60 minute Soveral Signature facial with a 30 minute back, neck & shoulder aromatherapy massage. | SOVERAL | 90 MINS | £168 | £178 |     |
| SIGNATURE COUPLES PACKAGE agua Advanced Bodywork massages, side by side +plus a glass of Laurent-Perrier La Cuvée champagne +plus strawberries and cream Please note this signature couples package can be enjoyed individually as a solo package | HEDGEROW | 60/90 MINS | £147/£200 PER PERSON | £157/£210 PER PERSON |   |
| MATERNITY EXPERIENCE Rejuvenate with a 60-minute bespoke facial treatment and a 30-minute massage tailored to where you need it most - back, neck, shoulders and legs - all supported by a hydrothermal water cushion (13 to 32 weeks only). +plus mixed berries | NATURA BISSÉ | 90 MINS | £180 | £200 |  |
| glamour room | | | | | |
| SPA MANICURE OR PEDICURE Includes seasonal herbal scrub and massage with nourishing body butter of Rosemary, St John's Wort, Marigold and Lemon Balm. | HEDGEROW | 60 MINS | £57 | £67 |   |
| HOT OIL MANICURE OR PEDICURE Restoring treatment using Japanese techniques (no polish applied) with Rosemary, St John's Wort, Marigold and Lemon Balm. | HEDGEROW | 60 MINS | £57 | £67 |   |
| champagne | | | | | |
| LAURENT-PERRIER La Cuvée | GLASS | BOTTLE | £15 | £82 | |

key



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