






















## agua Essence

Transformational and integrative health experiences enhanced with medical grade protocols and delivered by beautiful humans Our menu of core holistic spa treatments is the essence of what our team and guests love from agua.

EXPERIENCE	BRAND	TIME	MID-WEEK RATES	WEEKEND RATES	KEY
<b>agua massage</b>					
<b>AGUA ADVANCED BODYWORK</b> A personalised therapeutic treatment combining intense technique work including deep tissue, sports, myofascial and Thai stretching. Treatment includes legs, back, shoulders, neck and scalp using a muscle salve and magnesium.	DR JACKSON'S	60 MINS	£110	£120	
<b>CUSTOM HOT STONE</b> Clinical aromatherapy blend combined with hot stone technique work promoting deep relaxation. Treatment includes legs, back, shoulders, neck and scalp using a personalised blend of essential oils.	SOVERAL	60 MINS	£110	£120	   
<b>MUM-TO-BE MASSAGE</b> Organic products and advanced techniques in pregnancy massage used in this side-lying treatment (13 – 36 weeks only)	DR JACKSON'S	60 MINS	£110	£120	

<b>agua face</b>					
<b>SIGNATURE</b> The workout for your face from Alexandra Soveral including lifting, firming and draining techniques. Treatment can be enhanced with chilled marble stones and mask treatment or additional facial muscle massage.	SOVERAL	60 MINS	£115	£125	   
<b>PREBIOTIC FACIAL TREATMENT</b> Balancing, calming, food for skin's micro flora, all formulations are balancing and calming and combined with the Alexandra Soveral therapeutic facial massage techniques.	SOVERAL	60 MINS	£110	£120	  
<b>DEEP CLEANSE</b> Hydration, rejuvenation, purification - the MOT facial from Natura Bissé's Cure line including a glycolic peel.	NATURA BISSÉ	60 MINS	£115	£125	 
<b>DIAMOND COCOON FACIAL</b> Liberate your skin from toxins and impurities, fortify skin and repair environmental damage	NATURA BISSÉ	60 MINS	£110	£120	 

<b>agua body</b>					
<b>BODY FLAX</b> This divine Soveral body facial works bringing balance from the inside out; transforming the skin with support & nourishment to create super soft, firm skin, a lightness of body and mind, topped with a renewed boost of energy	SOVERAL	60 MINS	£115	£125	  
<b>MAIN STARTER</b> Allow our therapists to analyse and select the best course for your skin. This personalised treatment includes the back, shoulders and neck, finished with a light facial.	NATURA BISSE	60 MINS	£115	£125	

<b>agua glamour room</b>					
<b>MANICURE</b> Select from Japanese Buffing, Gel and Spa Manicures	CIATE/ DR JACKSONS	60 MINS	£55	£65	  
<b>PEDICURE</b> Select from Japanese Buffing, Gel and Spa Pedicures	CIATE/ DR JACKSONS	60 MINS	£55	£65	  

Our super charged 60-minute spa sessions are all complemented by an aromatherapy and breath work welcome followed with uplifting lemon balm tea.

### key

