

HEDGEROW TREATMENT MENU



HEDGEROW
by
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TREATMENT	TIME	OFF PEAK (MON–THURS)	PEAK (FRI–SUN)
HEDGEROW CUSTOM MASSAGE  	60/90 mins	£140/£195	£150/£205
A customised therapeutic treatment. Let our therapists focus on pain relief, deep tissue or sports therapy with a warming salve of Comfrey, St John's Wort, Peppermint and Rosemary.			
			
HEDGEROW BUST BLOSSOM  	60 mins	£140	£150
This bespoke bust massage works magic with our Marigold, Rosehip and Lemon Balm remedies to release tension in your spine and shoulder girdle.			
			
HEDGEROW MATERNITY MASSAGE  	60 mins	£140	£150
Applying remedies and advanced techniques in pregnancy massage, using Marigold and Lemon Balm, performed on warm hydrothermal water cushions (up to 32 weeks only).			
			
HEDGEROW SCRUB & BACK MASSAGE  	60 mins	£150	£160
The Hedgerow Scrub & Back Masssage begins with a full body exfoliation richly infused with bentonite clay, peppermint, lavender and dead sea salt, followed by an oil application and mini back massage.			
			
HEDGEROW AROMATHERAPY EXPERIENCE  	60 mins	£190	£200
Pair a 60 minute Hot-Stone Hedgerow massage with a 30 minute Soveral Express Facial			
			

 Wellness for cancer trained  Organic

Please make appointments for à la carte services and customised packages either in person at the spa reception, by phoning 020 3747 1010 (in-house guests can dial extension 5910), or book online via seaccontainerslondon.com. Appointments need to be guaranteed with a valid credit card or gift certificate. Cancellations must be made with 24 hours' notice, otherwise you will be charged the full cost of the service. The spa is strictly for use by hotel residents, members and non-residents booked in for spa appointments and aged 16 years or above. The above treatments are contraindicated in the first 3-months of pregnancy.