

HEDGEROW TREATMENT MENU



HEDGEROW
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TREATMENT	TIME	OFF PEAK (MON-THURS)	PEAK (FRI-SUN)
HEDGEROW CUSTOM MASSAGE   A customised therapeutic treatment. Let our therapists focus on pain relief, deep tissue or sports therapy with a warming salve of Comfrey, St John's Wort, Peppermint and Rosemary.	60/90 mins	£140/£195	£150/£205
			 
HEDGEROW BUST BLOSSOM   This bespoke bust massage works magic with our Marigold, Rosehip and Lemon Balm remedies to release tension in your spine and shoulder girdle.	60 mins	£140	£150
			 
HEDGEROW MATERNITY MASSAGE   Applying remedies and advanced techniques in pregnancy massage, using Marigold and Lemon Balm, performed on warm hydrothermal water cushions (up to 32 weeks only).	60 mins	£140	£150
			 
HEDGEROW SCRUB & BACK MASSAGE   60 mins The Hedgerow Scrub & Back Massage begins with a full body exfoliation richly infused with bentonite clay, peppermint, lavender and dead sea salt, followed by an oil application and mini back massage.	60 mins	£150	£160
			 
HEDGEROW AROMATHERAPY EXPERIENCE   60 mins Pair a 60 minute Hot-Stone Hedgerow massage with a 30 minute Soveral Express Facial	60 mins	£190	£200
			 

 Wellness for cancer trained  Organic

Please make appointments for à la carte services and customised packages either in person at the spa reception, by phoning 020 3747 1010 (in-house guests can dial extension 5910), or book online via seacontainerslondon.com. Appointments need to be guaranteed with a valid credit card or gift certificate. Cancellations must be made with 24 hours' notice, otherwise you will be charged the full cost of the service. The spa is strictly for use by hotel residents, members and non-residents booked in for spa appointments and aged 16 years or above. The above treatments are contraindicated in the first 3-months of pregnancy.