



## agua Essence

Transformational and integrative health experiences enhanced with medical grade protocols and delivered by beautiful humans. Our menu of core holistic spa treatments is the essence of what our team and guests love from agua.

EXPERIENCE	BRAND	TIME	MID-WEEK RATES	WEEKEND RATES	KEY
<b>agua massage</b>					
<b>AGUA ADVANCED BODYWORK</b> A personalised therapeutic treatment. Let our therapists focus on pain relief, deep tissue or sports therapy.	HEDGEROW	60/90 MINS	£110/£150	£120/£160	
<b>CUSTOM HOT STONE</b> Clinical aromatherapy blend combined with hot stone technique work promoting deep relaxation. Treatment includes legs, back, shoulders, neck and scalp using a personalised blend of essential oils.	SOVERAL	60 MINS	£110	£120	
<b>MATERNITY MASSAGE</b> Applying remedies and advanced techniques in pregnancy massage, using Marigold and Lemon Balm, performed on warm hydrothermal water cushions (13 - 32 weeks only).	HEDGEROW	60 MINS	£110	£120	
Please note that we perform a maximum of 90 minutes of massage per guest per day.					

## agua face

<b>SIGNATURE</b> Lifting. Firming. Draining. A workout for your face. Take that, ageing and stress!	SOVERAL	60 MINS	£115	£125	
<b>PREBIOTIC FACIAL TREATMENT</b> A results-driven and balancing treatment aimed at stabilising skin's natural microflora, calming irritated skin and reducing inflammation.	SOVERAL	60 MINS	£110	£120	
<b>DEEP CLEANSE</b> Hydration, rejuvenation, purification the MOT facial from Natura Bisse's Cure line including a glycolic peel.	NATURA BISSÉ	60 MINS	£115	£125	
<b>DIAMOND COCOON FACIAL</b> Liberate your skin from toxins and impurities, fortify skin and repair environmental damage.	NATURA BISSÉ	60 MINS	£110	£120	

## agua body

<b>BUST BLOSSOM</b> This bespoke bust massage works magic with our Marigold, Rosehip and Lemon Balm remedies to release tension in your spine and shoulder girdle.	HEDGEROW	60 MINS	£110	£120	
<b>BODY FLAX</b> This divine Soveral body facial works bringing balance from the inside out; transforming the skin with support & nourishment to create super soft, firm skin, a lightness of body and mind, topped with a renewed boost of energy.	SOVERAL	60 MINS	£115	£125	
<b>HERBAL SCRUB &amp; BACK MASSAGE</b> The Herbal Body Scrub begins with a full body exfoliation richly infused with sesame, rosemary, thyme and oregano, followed by an oil application and mini back massage.	HAMMAMII	60 MINS	£135	£145	
<b>GHASSOUL BODY WRAP</b> This treatment begins with a luxuriously gentle dry body brushing. You are then enveloped in a detoxifying clay mask and wrapped in a warm cocoon and finally treated to an express facial.	HAMMAMII	60 MINS	£135	£145	

## key

<b>CERTIFIED ORGANIC</b>	<b>STEAM EXPOSURE</b>	<b>NOT SUITABLE FOR PREGNANCY</b>	<b>CONTRA-INDICATED TO RECENT BOTOX/FILLER WORK OR SEVERE SUN EXPOSURE</b>	<b>WELLNESS FOR CANCER TRAINED</b>
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Please make appointments for a la carte services and customised packages either in person at the spa reception, by phoning 0203 747 1010 (in-house guests can dial extension 5910) or booking online via [aguaspa@seacontainerslondon.com](mailto:aguaspa@seacontainerslondon.com). Appointments need to be guaranteed with a valid credit card or gift certificate. Cancellations must be made with 24 hours' notice, otherwise you will be charged the full cost of the service. The spa is strictly for use by hotel residents, members and non-residents booking in for spa appointments. When you are making your reservation, please let us know if you have any major health concerns, including pregnancy.